

What is the study about?

- Researchers at UCSF are studying how effective Vitamin D supplementation is in preventing or decreasing asthma flare ups in school age children who have low Vitamin D levels and are on a daily asthma medication.

Who can participate?

Children and adolescents ages 6-14 years old:

- Who have been diagnosed with asthma
- AND
- Have been taking asthma controller medication daily for at least 6 months.

Call 1-866-913-8477
or email us at
Chipper@UCSF.edu

University of California, San Francisco

Principal Investigator:

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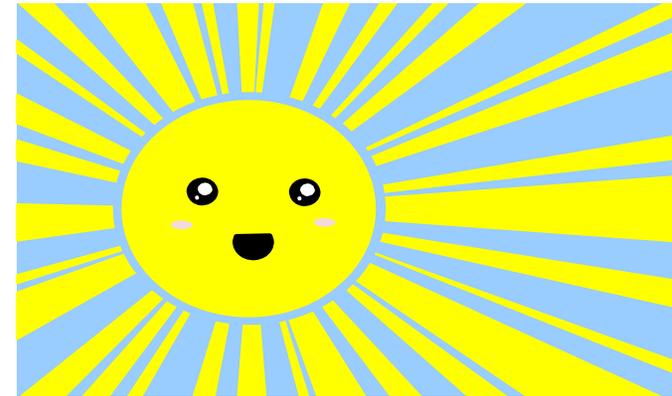
VIDPRESAE: The Vitamin D study

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Does your child have Asthma?



Your child may qualify
to participate in a
study of **Vitamin D** to
prevent asthma flare
ups in children ages
6-14 years old.

Please contact the research
study coordinator at:
1-866-913-8477

About the Vitamin D to PREvent Severe Asthma Exacerbations (VIDPRESAE) study

Why are researchers studying Vitamin D and asthma?

Vitamin D is found in foods such as egg yolk, salmon, and cheese. Your body can also make Vitamin D from exposure to the sun.

Vitamin D is an important nutrient for bone health, but it also has important functions in the immune system (the part of your body that fights infections).

Some studies have shown that children with asthma and low levels of Vitamin D are at increased risk for severe asthma flare ups.

The VIDPRESAE study is trying to find out if giving a Vitamin D supplement will help prevent asthma flare ups in kids on asthma medication who have low Vitamin D levels.

Research Study Details

- 9 visits to our research center and 6 telephone calls over about 1 year.
- Asthma breathing tests at no cost.
- Free study medications.
- Study compensation up to \$330 (if you complete the study).
- Participants will receive free asthma education.



Why consider joining the Vitamin D study?

- Participants will have Vitamin D and Calcium level checked at no charge.
- Participants will receive breathing tests and asthma advice from asthma physicians.
- Participation will help the medical community better understand the effects of Vitamin D levels in children with asthma.
- Your child's participation could help others with asthma.

To participate in the Vitamin D study, please contact the study team at:

Phone: 1-866-913-8477

Email: chipper@ucsf.edu

Website: chipper.ucsf.edu