

MILESTONES

Dear Colleagues,

The new year is off to a fast start. Congratulations to all the general pediatrics faculty who received new research awards, as well as our faculty who were appointed to new leadership positions in our teaching program through the School of Medicine Coaching Program or the Translational Science Pathway. 2016 is already shaping up to be an extremely productive and exciting year.



Michael Cabana, MD, MPH
Chief, Division of General Pediatrics, Core Faculty, Institute for Health Policy Studies (IHPS)

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Academic Pediatric Association Young Investigator Award

On January 26, 2016, Sunitha Kaiser, MD was awarded a 2016 Academic Pediatric Association (APA) Young Investigator Award. Dr. Kaiser's proposal is entitled, "the PIPA (Pediatric Inpatient Patient Pathways for Asthma) Study: Optimizing Quality of Hospital Care for Children with Asthma." (03/01/2016 to 06/30/2017; total costs \$9885). Dr. Kaiser's proposed study will examine optimal implementation strategies for asthma clinical pathways and a help develop a pilot trial to determine the feasibility of implementing inpatient pediatric asthma pathways using these key strategies in both an academic and community hospital setting.

The APA Young Investigator Award (YIA) Program funds projects in health services research, medical education, adolescent medicine, public health, epidemiology, emergency medicine, child maltreatment, hospitalist medicine, developmental/behavioral pediatrics, and other general pediatric clinical research domains. The program awards up to \$10,000 per selected project. Several former UCSF general pediatrics faculty have received this award in the past (see pg. 5). For more information, please see: https://www.academicpeds.org/research/research_YIA_APA.cfm.



Dr. Kaiser received her MD from Washington University in St. Louis. She completed her pediatrics residency and chief residency at UCSF. In 2013, Dr. Kaiser completed an Academic General Pediatrics Fellowship and Masters in Clinical Epidemiology and Health Care Research at the University of Toronto and the Hospital for Sick Children (Toronto, ON). She is co-editor of *Rudolph's Self-Assessment and Board Review*. She attends in the Division of Pediatric Hospital Medicine and the Division of General Pediatrics in the Newborn Nursery. She is an Assistant Professor of Pediatrics.

UCSF Trainee Receives Research Travel Award

On January 30, 2016, Lindsay Thimmig received a Paul Young Travel Award from the Academic Pediatric Association (APA) for her presentation at the APA Regional Meeting in Monterey, CA. The award can be used for travel to the national Pediatric Academic Societies Meeting this May in Baltimore, MD.



Ms. Thimmig is a pre-medical student and research assistant in the UCSF Division of General Pediatrics. She presented a platform presentation on 'Dinner and a Show: Television Use During Meals in the First Four Years of Life.' The study described the frequency of TV use during children's meals. Ms. Thimmig recently graduated from Georgetown University and will be attending medical school this Fall. She is currently working on several projects in the UCSF Division of General Pediatrics.

The Joint Region IX and X APA Regional Meeting featured the theme of Pediatric CARE (Community, Advocacy, Research and Education). Topics included community pediatrics, child advocacy, clinical sciences research, health services research, and medical education. The Academic Pediatric Association was founded in 1960 is the professional home for general academic pediatrics. Regions IX and X of the APA includes the Western United States, including California.

Congratulations to...

Inaugural UCSF Coaching Program

On December 17, 2015, **Eddie Cruz, MD, MPH** and **Andi Marmor, MD, MSED** were selected as part of the first group of medical student coaches in the School of Medicine Bridges Curriculum. More than 100 committed UCSF faculty members applied for these coach positions to support our students. Through a very competitive process, Drs. Cruz and Marmor were two of the 27 faculty coaches for the School of Medicine. In addition, they were the only pediatricians who were selected this round.

Applicants were selected based on their commitment to and experience in medical student education, mentoring, clinical skills instruction, professionalism, student well being, diversity, and systems improvement. Coaches will begin their work one half-day per week for 6 months, and then work one day per week with their first- and third-year students. Their work is funded by support from Dean's Office to support longitudinal coaching for all medical students and faculty development for coaches.



Dr. Cruz received his MD from the University of California, Davis. He completed his internship and residency in pediatrics at Children's Hospital, Oakland. He completed a Fellowship in General Pediatrics at the University of California, Davis and also received his MPH from the same institution. He joined the UCSF faculty in 2013. He attends at San Francisco General Hospital. He is an Assistant Professor of Pediatrics.



Dr. Marmor received her MD from Harvard Medical School. She completed her internship at Harbor-UCLA Medical Center and her residency in pediatrics at UCSF. While completing her fellowship in general pediatrics at UCSF, Dr. Marmor completed her MSED at the Rossier School of Education at the University of Southern California. She has been a faculty member since 2001. She is a member of Academy of Medical Educators. She attends at San Francisco General Hospital. Dr. Marmor is an Associate Professor of Pediatrics.

For more information, please see:
<http://meded.ucsf.edu/bridges/call-medical-student-coaches>

Caring Wisely Ideas Contest

UCSF Health announced the 4th Annual Caring Wisely Ideas Contest. Please submit ideas that reduce waste and lower costs while maintaining or improving health. The deadline is February 12, 2016.

Please see: <http://open-proposals.ucsf.edu/chv-cw-4/ideas>

Megumi Okumura, MD, MAS

On January 22, 2016, Daniel C. West, MD Director, of the Pediatrics Residency Training Program and Roberta L. Keller, MD, Vice Chair, Clinical and Translational Research announced that Megumi Okumura, MD, MAS would serve as the new Director of the Clinical Translational Science Pathway of the Pediatrics Residency Program.



Dr. Okumura received her MD from New York Medical College and completed her residency in pediatrics and internal medicine at Yale-New Haven Hospital. She is boardcertified in both pediatrics and internal medicine. She was a Robert Wood Johnson Clinical Scholar at the University of Michigan. Dr. Okumura's research interest focuses on transitions in care for young adults with childhood chronic diseases. Dr. Okumura completed her fellowship in General Pediatrics at UCSF and Health Policy at the Philip R. Lee Institute for Health Policy Studies. She attends at the Mt. Zion Acute Care Clinic and the Screening and Acute Care Clinic (SACC). She is an Associate Professor of Pediatrics.

Jyothi Marbin, MD

On January 21, 2016, Jyothi Marbin, MD presented at the UCSF Department of Pediatrics Grand Rounds. Her presentation was entitled, "Reducing Secondhand Smoke Exposure in Children: Pediatricians Helping Parents Quit Smoking."

Dr. Marbin presented her work on a number of projects related to reducing second-hand smoke exposure among children. She is the Principal Investigator of the Clinical Effort Against Secondhand Smoke Exposure (CEASE) California Project, funded by First 5 California, in which she leads programs to teach pediatricians across California how to help parents quit smoking. Her research interests focus on understanding the impact of tobacco exposure on vulnerable populations of children, especially those with asthma, and in using technology to improve the health of urban teens.



Congratulations to...



Dr. Marbin received her MD at Brown University. She completed her pediatrics residency through the PLUS program. She serves as the Director of the Pediatric Leadership for the Underserved (PLUS) Program. She attends at San Francisco General Hospital as well as UCSF Benioff Children's Hospital, Oakland. She is an Associate Professor of Pediatrics.

Anisha Patel, MD, MPH

On December 2, 2015, Anisha Patel, MD, MSPH was awarded a subcontract as part of the proposal "Technical vs. Effective Access to Water: A Photo-Evidence Technique to Assess Drinking Water in Schools," from the Robert Wood Johnson Foundation's (RWJF) Healthy Eating Research program.



Dr. Patel's research interests include community-based interventions to address pediatric obesity and consumption of sugar-sweetened beverages. She attends at the Mt. Zion outpatient clinic. She was a Philip R. Lee Fellow at the Institute for Health Policy Studies (IHPS). She is an Assistant Professor of Pediatrics.

Anya Dubin, LCSW

On February 1, 2016, Anya Dubin, LCSW was named as new Clinical Social Worker at the Mt. Zion Pediatric Primary Care Clinic. Ms. Dubin replaces Rebecca Gates, MSW, Clinical Social Worker who was named as the Chief Social Worker for the Pediatric Social Work Department on December 3, 2015.

Ms. Dubin received her MSSW at the Columbia University of Social Work. Ms. Dubin has experience working with children and their families through her previous social work



responsibilities as a Clinical Social Worker at the Alta Bates Summit Medical Center (Berkeley, CA) and at UCSF Benioff Children's Hospital, Oakland. She has expertise in child-parent psychotherapy through her clinical training at the Infant Parenting Program at San Francisco General Hospital. She is also proficient in both Spanish and Japanese languages.

2016 Chancellor Awards

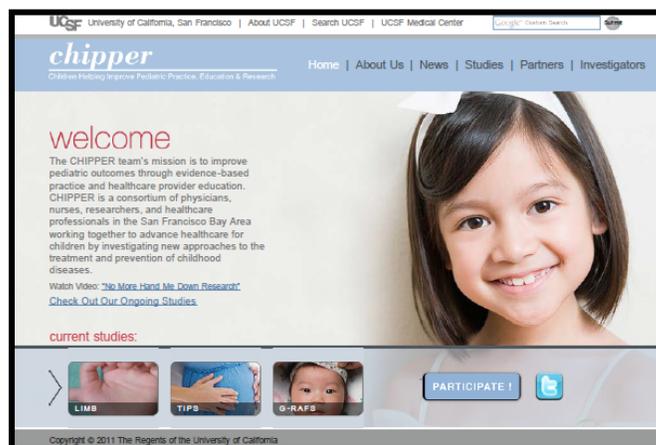
Nominations are now being accepted for the UCSF Chancellor Awards for Exceptional University Service (for non-academic, non-supervisory staff) and Exceptional University Management (for non-academic, supervisory staff).

The award recognizes and rewards exceptional University service by non-academic staff members who devote time and energy to support and serve the campus community and mission within a context relative to the extent of their status within the University. As the University's success is founded upon the contributions of the people who work at UCSF, individual service that goes above and beyond the scope of a person's job and demonstrates outstanding University citizenship is an inspiring achievement to be recognized. Previous winners include Rebecca Gates, LCSW. The deadline is March 1, 2016.

Eligibility, award criteria, nomination forms, and lists of prior recipients are available via the above links. For more information, please see: <http://chancellor.ucsf.edu/sites/chancellor.ucsf.edu/files/CAEUS%202016%20Nom%20Form.pdf>

Clinical Trials Information

The CHIPPER Website contains information for clinicians, families and patients about current studies, including eligibility and enrollment information. Additional background information, as well as an informational video from the National Institutes of Health are posted and updated regularly. For the latest information on UCSF General Pediatrics Studies, please see: <http://chipper.ucsf.edu/studies>



Recently Published



Van Cleave J, **Okumura MJ**, Swigonski N, O'Connor KG, Mann M, Lail JL. Medical Homes for Children With Special Health Care Needs: Primary Care or Subspecialty Service? *Acad Pediatr.* 2015 Oct 30.

OBJECTIVE: To examine primary care pediatricians' (PCPs) beliefs about whether the family-centered medical home (FCMH) should be in primary or subspecialty care for children with different degrees of complexity; and to examine practice characteristics associated with these beliefs. **METHODS:** Data from the American Academy of Pediatrics Periodic Survey (PS 79) conducted in 2012 were analyzed. Outcomes were agreement/strong agreement that 1) primary care should be the FCMH locus for most children with special health care needs (CSHCN) and 2) subspecialty care is the best FCMH locus for children with rare or complex conditions. In multivariate models, we tested associations between outcomes and practice barriers (eg, work culture, time, cost) and facilitators (eg, having a care coordinator) to FCMH implementation. **RESULTS:** Among 572 PCPs, 65% agreed/strongly agreed primary care is the best FCMH setting for most CSHCN, and 43% agreed/strongly agreed subspecialty care is the best setting for children with complexity. Cost and time as barriers to FCMH implementation were oppositely associated with the belief that primary care was best for most CSHCN (cost: adjusted odds ratio [AOR] 2.31, 1.36-3.90; time: AOR 0.48, 0.29-0.81). Lack of skills to communicate and coordinate care was associated with the belief that specialty care was the best FCMH for children with complexity (AOR 1.99, 1.05-3.79). **CONCLUSIONS:** A substantial minority endorsed specialty care as the best FCMH locus for children with medical complexity. Several barriers were associated with believing primary care to be the best FCMH for most CSHCN. Addressing medical complexity in FCMH implementation may enhance perceived value by pediatricians.



Young CA, Chan C, Stookey J, **Patel AI**, Evans J, Cohn K, Agana L, Yen IH, Fernandez A, **Cabana MD**. Development of a Tool to Evaluate Asthma Preparedness and Management in Child-Care Centers. *Pediatr Allergy Immunol Pulmonol.* 2015;28:121-128.

Asthma is a common condition affecting many children in child-care centers. The National Asthma Education and Prevention Program offers recommendations about creating an asthma-friendly child-care setting. However, no studies have investigated the extent to which child-care centers adhere to these recommendations. This study describes the development of a novel instrument to determine the ability of child-care centers to meet national recommendations for

asthma. **Methods:** The Preparing for Asthma in Child Care (PACC) Instrument was developed using information from existing recommendations and standards, the peer-reviewed literature, site visits, and expert interviews. The survey questions were pilot-tested at 36 child-care centers throughout San Francisco. **Results:** The instrument is composed of 43 items across seven domains: smoking exposure, presence of a medical consultant and policies, management of ventilation and triggers, access to medication, presence of asthma action plans, staff training, and encouragement of physical activity. **Discussion:** The PACC Instrument is an evidence-based and comprehensive tool designed to identify areas to target to improve asthma care for children in child-care centers.



Binder R, Friedli A, **Fuentes-Afflick E**. The New Academic Environment and Faculty Misconduct. *Acad Med.* 2015.

Faculty members are expected to abide by codes of conduct that are delineated in institutional policies and to behave ethically when engaging in scientific pursuits. As federal funds for research decrease, faculty members face increasing pressure to sustain their research activities, and many have developed new collaborations and pursued new entrepreneurial opportunities. As research collaborations increase, however, there may be competition to get credit as the first person to develop ideas, make new discoveries, and/or publish new findings. This increasingly competitive academic environment may contribute to intentional or unintentional faculty misconduct. The authors, who work in the Dean's Office at a large U.S. medical school (University of California, San Francisco), investigate one to two cases of alleged misconduct each month. These investigations, which are stressful and unpleasant, may culminate in serious disciplinary action for the faculty member. Further, these allegations sometimes result in lengthy and acrimonious civil litigation. This Perspective provides three examples of academic misconduct: violations of institutional conflict-of-interest policies, disputes about intellectual property, and authorship conflicts. The authors also describe prevention and mitigation strategies that their medical school employs, which may be helpful to other institutions. Prevention strategies include training campus leaders, using attestations to reduce violations of institutional policies, encouraging open discussion and written agreements about individuals' roles and responsibilities, and defining expectations regarding authorship and intellectual property at the outset. Mitigation strategies include using mediation by third parties who do not have a vested academic, personal, or financial interest in the outcome.

APA Young Investigator Awards



In January 2016, Dr. Sunitha Kaiser was awarded an Academic Pediatric Association (APA) Young Investigator Award. Dr. Kaiser's recent award continues a wonderful tradition, as several current UCSF General Pediatrics fac-

ulty have received the APA Young Investigator Award in the past. The research topics for these awards have ranged from children with special health care needs, to sleep hygiene to childhood nutrition.

Megumi Okumura, MD, MAS received an APA YIA in 2008 for her proposal, "Perspectives in Transitioning: A Qualitative Study of Youth with Chronic Conditions in San Francisco." She received her MD from New York Medical College and completed her residency in pediatrics and internal medicine at Yale-New Haven Hospital. She is board-certified in both pediatrics and internal medicine. She was a Robert Wood Johnson Clinical Scholar at the University of Michigan. Dr. Okumura completed her fellowship in General Pediatrics at UCSF and Health Policy at the Philip R. Lee Institute for Health Policy Studies.



As a board-certified internist and pediatrician, Dr. Okumura's research interest focuses on transitions in care for young adults with childhood chronic diseases. She attends in the Mt. Zion Clinic and the Screening and Acute Care Clinic (SACC). She is an Associate Professor of Pediatrics.

Anisha Patel, MD, MSPH received an APA YIA in 2009 for her proposal, "A Qualitative Study of Beverage Availability and Consumption in Child Care Facilities." Dr. Patel received her MD and Masters in Science and Public Health, Maternal and Child Health at the University of North Carolina. She completed her residency and chief residency in Pediatrics at Stanford University. She was a Robert Wood Johnson Clinical Fellow at UCLA. She was a General Pediatrics fellow, as well as a Philip R. Lee Fellow at the Institute for Health Policy Studies (IHPS).



Dr. Patel's research interests include community-based interventions to address pediatric obesity and consumption of sugar-sweetened beverages. She attends at the Mt. Zion outpatient clinic. She is a former Philip R. Lee Fellow at the Institute for Health Policy Studies (IHPS).

She is an Assistant Professor of Pediatrics.

Suzanna Martinez, PhD, MPH as a first-year general pediatrics fellow, received an APA YIA in 2013. Dr. Martinez's study examined the relationship between sleep hygiene in Latino patients and pediatric obesity. Dr. Martinez qualitatively assessed the sleep habits of Latino parents of pre-

school-age children (2- to 5-years old) in the San Francisco Bay Area to identify correlates of optimal sleep duration and healthy sleep habits in their children. The study results were used to examine the link between sleep practices and obesity in Latino families.



Suzanna Martinez, PhD, MPH is a former General Pediatrics Postdoctoral Scholar. She earned her PhD in Public Health (Health Behavior) from the Joint Doctoral Program at UCSD and San Diego State University. She also holds a MS in Nutrition Education, with a concentration in Health Communication from Columbia University. Dr. Martinez previously trained as a Postdoctoral Fellow at UC San Diego. She is an Analyst at the University of California Nutrition Policy Institute.

Amy Beck, MD, MPH received a Academic Pediatric Association (APA) *Bright Futures* Young Investigator Award in 2014. Dr. Beck's proposal was an evaluation of a culturally-appropriate, primary care-based intervention to reduce consumption of sugar-sweetened beverages and 100% fruit juice among Latino children at San Francisco General Hospital (SFGH).



Dr. Beck received her MD and MPH from the University of Connecticut. She received the Abbott Laboratory Award for Excellence in Student Research, as well as the Ives Award for Pediatric Research. She completed her residency through the Pediatric Leadership for the Underserved (PLUS) Program and her chief residency at UCSF. She is a former General Pediatrics fellow. She attends at the San Francisco General Hospital Healthy Lifestyles Clinic and the Mt. Zion Outpatient Clinics. She is an Assistant Professor of Pediatrics.

The Academic Pediatric Association was founded in 1960 is the professional home for general academic pediatrics. The APA publishes the journal *Academic Pediatrics*. The APA fosters the health of children, adolescents, and families by promoting generalism in academic pediatrics.

For more information, please see: <https://www.academicpeds.org/>



Upcoming Meetings of Interest

April 30-May 3, 2016

Pediatric Academic Societies (PAS) Annual Meeting

Baltimore, MD

<http://www.pas-meeting.org/>

May 19-May 21, 2016

49th Annual Advances in Pediatrics

Park Central Hotel, San Francisco, CA

<http://www.ucsfme.com/2016/MPD16001/info.html>

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